

Membership Ethics Statement for Country Representatives

The ALMC Membership Ethics policy is constructed in alignment with and supplementary to the principles of lifestyle medicine and the constitution.

1. Prospective members are required to thoroughly review the ALMC constitution and policies as a foundational step for membership. Members must comply with all applicable laws and regulations governing their individual scope of practice.
2. Members are encouraged to continuously enhance and sustain core competencies in lifestyle medicine to achieve a high level of professional qualification. This is particularly crucial given the dynamic nature of lifestyle medicine as an evolving field of expertise.
3. Members are obligated to employ evidence-based lifestyle medicine in their medical/clinical practice and advocacy. They should refrain from asserting results or outcomes without documented, verifiable evidence. In instances where members harbor personal biases about optimal treatments, they are still expected to share alternative perspectives and treatment options transparently with patients.
4. Members must uphold the standards of professionalism and report to the appropriate regulatory entities any fellow members whose competence or professional activities may adversely affect patient welfare or misrepresent ALMC.
5. Members engaged in research must adhere to ethical practices concerning human subjects, following the guidelines outlined by their organization's Institutional Review Board (IRB) or other appropriate institutions, and should represent their findings honestly.
6. Members are prohibited from prescribing or recommending products or services from which they stand to profit without providing full and complete disclosure of their financial gain.
7. Adherence to the code of ethics is a prerequisite for ALMC membership, and members may be counseled or suspended based on violations.